

# Your Puppy's First 72 Hours

A calm transition plan for the first three days

The first three days should feel small, calm, and predictable. Your puppy is learning where to sleep, where to potty, who is safe, and what happens next.

## Before you arrive home

- [ ] Confirm the veterinarian appointment
- [ ] Prepare the crate and quiet rest area
- [ ] Set up food, water, gates, and potty supplies
- [ ] Ask family and friends to postpone visits
- [ ] Plan a direct trip home with safe vehicle restraint

## Day one

- Take the puppy directly to the chosen potty area before entering the home.
- Offer water, a measured meal at the normal time, gentle exploration, and frequent rest.
- Keep introductions quiet and one at a time. Do not pass the puppy from person to person.
- Start the crate and potty routine immediately, with patience and age-appropriate expectations.

## Days two and three

- Repeat the same feeding, potty, rest, and bedtime pattern.
- Keep training sessions under a few minutes and finish while the puppy is successful.
- Use calm household exposure rather than crowded outings.
- Continue monitoring appetite, water intake, energy, vomiting, diarrhea, coughing, and stool.

## Veterinary visit

- Complete the required licensed-veterinarian examination within 72 hours or by the date written in the contract.
- Bring the vaccination, deworming, feeding, and veterinary records supplied at pickup.
- Carry the puppy or keep the puppy in a crate in public areas until your veterinarian advises otherwise.
- Send Goldhain confirmation of the examination and promptly report any serious concern.

## Contact a veterinarian urgently

Seek veterinary guidance for repeated vomiting or diarrhea, marked lethargy, refusal to eat with other symptoms, difficulty breathing, collapse, suspected toxin or foreign-object ingestion, uncontrolled bleeding, severe pain, or another urgent concern.

## Contact Goldhain

Please reach out if you are unsure about the transition, feeding information, crate routine, potty routine, personality evaluation, or paperwork. We want you to feel supported.